

Torridge Health PCN Referrals get 20% Discount on ARC Membership Prices:

Basic Gym – ~~£26.00~~ per month down to- **£20.80**

Free, unlimited access to our state-of-the-art Functional Fitness gym during our opening hours, and fitness classes for £6.

Off Peak Basic Gym (unlimited access to the gym between 9am-5pm)

~~£22~~ per month down to **£17.60**

Double Gym (Basic Gym + 10 free classes) ~~£39~~ per month down to **£31.20**

Unlimited Gym (Basic Gym + unlimited free classes)

~~£50~~ per month down to **£40**

Basic Racquet - ~~£10.00~~ per month **£8**

A family friendly membership that enables you and up to 4 other household members to play outdoor tennis for free anytime, plus free badminton and table.

Tennis/Badminton/Table Tennis/Squash Racquet ~~£12-17~~ per month

~~£9.60-£13.60~~

Individual sport specific membership for either Tennis (£17 per month), Badminton (£14 per month) Table Tennis (£12 per month) and Squash & Racketball (£14 per month) including free court access, free club night sessions, team training sessions and much more!

Unlimited Racquet - ~~£25~~ per month down to **£20**

Individual racquet membership for the all-round racquet player! Get all the benefits of our other racquet memberships, plus 40% off indoor courts, 50% off squash courts, plus free badminton, tennis and table tennis courts anytime.

Premium Racquet & Gym - ~~£60~~ per month **£48**

A combination of all our Unlimited Gym and Unlimited Racquet membership benefits!

Prices correct at 14/04/2026